



NATIONAL LASER INSTITUTE

Radio Frequency Skin Rejuvenation

Benefits:

Radiofrequency (RF) Skin Rejuvenation is a non-invasive approach to aging and sagging skin - without the use of lasers. RF treatments are based on the absorption of radio waves, held at controlled frequencies, through tissue in the body. This type of RF technology is designed to contract and stimulate collagen production for a more toned and contoured appearance. Surgical facelifts can cost anywhere from \$6,000-\$15,000, and typically require 2-4 weeks of recovery. Advancements in RF Skin Tightening procedures are producing similar results with less downtime, less pain and less cost.

Description of Treatment:

At the start of a Radiofrequency (RF) Skin Rejuvenation treatment, the area to be treated is usually coated with a lubricant gel, or oil for efficient distribution and added comfort. A medical device is then maneuvered over the area to be treated. At this time, the RF energies are delivered through the skin surface to cause a localized heating of the dermis layers. The heating of these deeper tissues promotes active collagen contraction and molecular change. A cooling attachment will be used to protect skin surface from subsequent damage or burn. Directly after treatment, the area will be cleansed, and a mild moisturizer will most likely be applied.

Radiofrequency (RF) treatments can last 30 minutes to 1 hour. The condition of, and number of each area being treated directly affects these variations in time. Although most patients report a warming sensation throughout the treatment, topical anesthetics can be requested for more sensitive skin. Minimal to zero downtime is associated with this type of skin tightening, and several patients return to normal activities immediately following the procedure.

Although some patients report results within hours of a Radiofrequency (RF) treatment, the most visible results are known to appear as the healing and collagen contraction process evolves. Results are said to last anywhere from 6 months to up to 2 years, according to the manufacturer. Additional treatment sessions are usually recommended for further maintenance and enhancement. Individualized treatment packages are also recommended for older patients, or those with problematic textures and tones.

Side Effects:

Side effects associated with Radiofrequency (RF) Skin Rejuvenation include a slight reddening of the face immediately after for a period of 24 hours. A drying of the skin may also be apparent directly after the procedure, which can be helped with the use of a gentle moisturizer and toner.

Average Cost:

The average cost of Radiofrequency (RF) skin treatments can range \$500-\$600 per treatment area. These prices will vary with the provider, and condition of the area or areas being treated. National Laser Institute offers this procedure for a discount at only \$75-\$125. For more information on treatment options, contact National Laser Institute at (480) 222-4640 or visit them at www.NLionline.com/models.